

STEP 1 Effective May 25

Outdoor sport

- Practices and competition allowed for youth and adults within their home club*
- Physical distance not required on field of play (i.e. contact is allowed). Off field of play, physical distance of 2 m must be maintained.
- Travel allowed to home club only (and cannot cross travel zones)
- Maximum group size for adults and varsity sport is 50 (if group is a mix of youth and adult, 50 person maximum must be followed)
- No maximum group size for youth to allow for more flexibility (e.g. adult supervision)
- No spectators

Indoor sport

- Same restrictions that were in place prior to May 25
 - ▶ 3 m physical distancing required for children and adults on field of play
 - ▶ Adult sport limited to two people
 - ▶ No spectators
 - ▶ Travel to home club only (and cannot cross travel zones)

High-performance sport

- Sport Canada carded athletes (Canadian Elite or Podium levels) may travel across the three travel zones
- Canadian Sport Institute Pacific identified athletes** who are not Sport Canada carded can train, travel and compete within their travel zone

STEP 2 June 15 (Earliest)

Outdoor sport

- Increased travel allowed
- Up to 50 spectators

Indoor sport

- Increased travel allowed
- Physical distance not required on field of play
- Competition allowed
- Maximum group size TBD
- No spectators

High-performance sport

- Provincial travel restrictions lifted

STEP 3 July 1 (Earliest)

Outdoor sport

- Increased group size
- Increased number of spectators

Indoor sport

- Increased group size
- Limited number of spectators

High-performance sport

- Increased travel allowed

STEP 4 Sept 7 (Earliest)

Return to normal sport competitions for both indoor and outdoor sport

ALL STEPS: Transition between the steps will be dependent on case counts, hospitalizations, and vaccination rates. Sport specific COVID-19 guidance documents and safety plans should be adapted to fit the steps outlined in this Return to Sport Restart 2.0 Chart.

***Home club**—the sport organization, club or facility with, or at which, a person is registered for ongoing sport programming

****High-performance athlete**—a person who is identified by the Canadian Sport Institute Pacific as a high-performance athlete affiliated with an accredited provincial or national sports organization