

ANTI-DOPING POLICY

ANTI-DOPING

THE CANADIAN CENTRE FOR ETHICS IN SPORT (CCES) IS THE CUSTODIAN OF THE CANADIAN ANTI-DOPING PROGRAM (CADP); THE SET OF RULES THAT GOVERN ANTI-DOPING IN CANADA. THE CADP CONSISTS OF SEVERAL COMPONENTS SUCH AS IN- AND OUT-OF-COMPETITION TESTING, EDUCATION, MEDICAL EXEMPTIONS, AND THE CONSEQUENCES OF DOPING VIOLATIONS. THE CADP IS COMPLIANT WITH THE WORLD ANTI-DOPING CODE AND ALL INTERNATIONAL STANDARDS.

THE CANADIAN SOCCER ASSOCIATION HAS ADOPTED THE CADP WHICH MEANS THAT YOU CAN BE CONFIDENT THAT YOU ARE PART OF A WORLD-CLASS ANTI-DOPING PROGRAM THAT IS DESIGNED TO PROTECT ATHLETES' RIGHTS AND ENSURE A LEVEL PLAYING FIELD. THE CANADIAN SOCCER ASSOCIATION'S ANTI-DOPING POLICY REFLECTS AND SUPPORTS THE CADP.

NEW WESTMINSTER SOCCER CLUB ("CLUB") HAS ADOPTED THE OFFICIAL ANTI-DOPING POLICY OF THE CANADIAN SOCCER ASSOCIATION ("CSA") REINSTATED BELOW.

THE CCES RECOMMENDS THAT ATHLETES TAKE THE FOLLOWING ACTIONS TO ENSURE THEY DON'T COMMIT AN INADVERTENT ANTI-DOPING RULE VIOLATION:

KNOW YOUR RIGHTS AND RESPONSIBILITIES AS AN ATHLETE WITH REGARD TO ANTI-DOPING.
ALWAYS COMPLY WITH A TESTING REQUEST IF YOU ARE NOTIFIED FOR DOPING CONTROL.
CHECK ALL MEDICATIONS AND PRODUCTS BEFORE
TAKING THEM TO ENSURE THEY DO NOT CONTAIN INGREDIENTS THAT ARE BANNED.
VERIFY YOUR MEDICAL EXEMPTION REQUIREMENTS.
DO NOT TAKE SUPPLEMENTS, BUT IF YOU DO, TAKE STEPS TO MINIMIZE YOUR RISK.
GET THE LATEST NEWS.

ADDITIONAL RESOURCES AND INFORMATION

THE CCES ATHLETEZONE IS A HUB OF RESOURCES AND INFORMATION FOR ATHLETES AND THEIR SUPPORT PERSONNEL.

[HTTPS://WWW.CCES.CA/ATHLETEZONE](https://www.cces.ca/athletezone)

THE GLOBAL DRO PROVIDES ATHLETES AND SUPPORT PERSONNEL WITH INFORMATION ABOUT THE PROHIBITED STATUS OF SPECIFIC SUBSTANCES BASED ON THE CURRENT WADA PROHIBITED LIST.

[HTTPS://WWW.GLOBALDRO.COM/HOME](https://www.globaldro.com/home)

FOR MORE ABOUT ANTI-DOPING, PLEASE CONTACT THE CCES:

EMAIL: [INFO@CCES.CA](mailto:info@cces.ca)
CALL TOLL-FREE: 1-800-672-7775
ONLINE: WWW.CCES.CA/ATHLETEZONE

QUESTIONS

QUESTIONS REGARDING THE ANTI-DOPING POLICY CAN BE DIRECTED TO OUR RISK MANAGER:

RISKMANAGER.NWSC@GMAIL.COM